

Tic talk:
Basic tic information that the
community needs in a format they
can use

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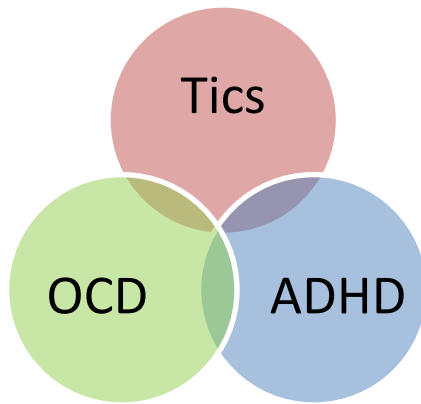
It matters to parents

- Tics/Tourette Syndrome is a movement disorder not a psychiatric condition
- Coprolalia is not common
- Just because your child has a tic now doesn't mean it will get worse (or look like the movies!)
- Most kids outgrow tics by the time they are adults
- Many tics don't require treatment

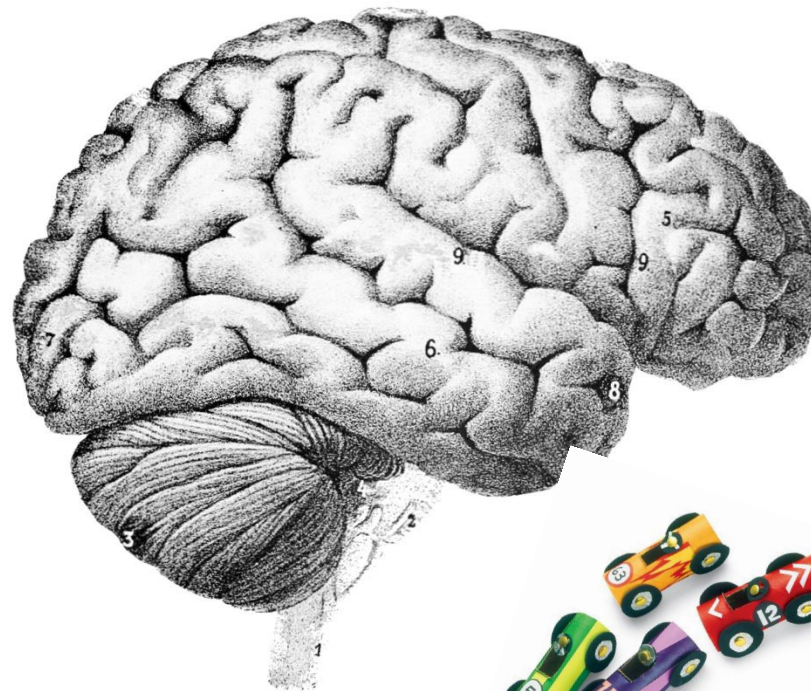
Quick Facts: Tics

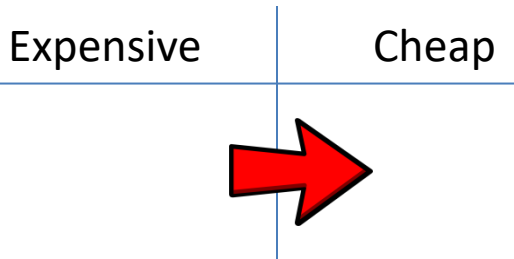
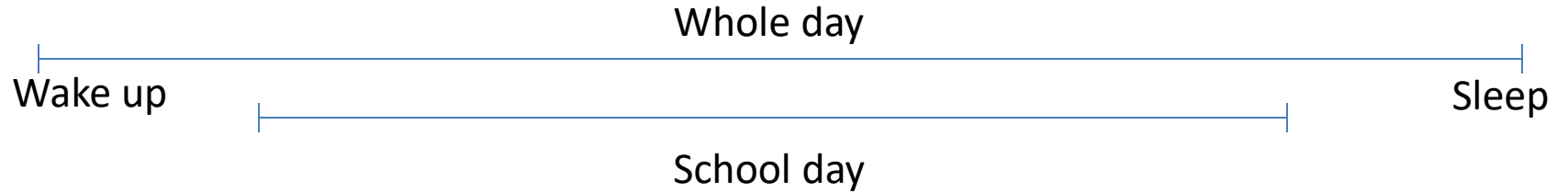
- Tics are “unvoluntary”
 - Tics can be suggestible
 - Tics often worsen with stress & fatigue
 - Tics can wax and wane
 - Tics can change
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- 4:1 boys to girls
 - Extremely common in the general population

Tics aren't the problem



- Cognitive rigidity
- Sensory sensitivity
- Low frustration tolerance





= Accommodations

Resources

- Tourette.ca – Tourette Canada
- <https://www.ninds.nih.gov/Disorders/Patient.../Fact.../Tourette-Syndrome-Fact-Sheet> - NIH Fact Sheet
- www.cpa.ca/docs/File/.../PsychologyWorksFactSheet_TouretteSyndrome.pdf - CPA Fact Sheet
- Tourettesyndrome.net – Dr. Leslie Packer
- www.livesinthebalance.org – Dr. Ross Greene, check out the Walking Tours & handouts